



Raise a Glass to your Family's Health

Super Milk

Contains an essential combination of vitamins and minerals which as part of a healthy diet, can contribute to your family's wellbeing. Just one glass of Avonmore Super Milk a day can help give your family ...



Strength *Calcium and Vitamin D*

Super Milk is a source of;

- **Calcium** and **Vitamin D** which helps build, strengthen and protect bones and teeth throughout life.



Protection *Folic Acid, Protein and Vitamin E*

Super Milk is a source of;

- **Folic acid** which can contribute to a healthy pregnancy.
- **Protein** which helps keep skin, hair and muscles healthy.
- And **Vitamin E**, an important anti-oxidant.



Healthy Growth *Protein, and Vitamins A and B2*

Super Milk is a source of;

- **Protein** essential for healthy growth and repair.
- **Vitamin A** essential for normal vision and healthy skin.
- **Vitamin B2** which helps release energy from food and is necessary for normal growth.



Proudly brought to you by



Super Milk